

**Seminar 1: EMBRYO IN MOTION - THE EMBRYO IN US: Dynamic Embryology and Morphology**

**Seminar 2: THE FASCIA IN US - Beyond just a Connective Tissue System: the Architectuer of Your Inner Body**

with Jaap (J.C.) van der Wal, MD PhD, Maastricht, Holland

Organised by Jin Luo Institute at Spånga Friskvård Hälsocenter, Stockholm, Sweden

**Seminar 1: Thursday-Sunday, 30<sup>th</sup> May - 2<sup>nd</sup> June 2019 Seminar 2: Monday 3<sup>rd</sup> June 2019 Stockholm, (Language: English)**

**Cost: SEK 6595 / all 5 days, SEK 5595 / 4 days, SEK 1595 / day**

**Location: Conference at Spånga Center, Stormbyvägen 2-4, 163 55 Spånga, Stockholm, Sweden**

**Registration:** Online on [www.spangafriskvard.se](http://www.spangafriskvard.se), or sending inquiry to: [info@spangafriskvard.se](mailto:info@spangafriskvard.se) or +46 (0)8 36 75 72

**Time:**

Thu 30<sup>th</sup> May 2019: 10.00-17.30

Fri-Sat 31<sup>st</sup> May – 1<sup>st</sup> June 2019: 09.00-17.30

Sun 2<sup>nd</sup> June 2019: 09.00-16.00

Mon 3<sup>rd</sup> June 2019: 10.00-17.30



Jaap van der Wal, MD PhD is a medical doctor and until February 2012 Associate Professor in Anatomy and Embryology at the University of Maastrich, the Netherlands. After his medical education in 1973 he became specialized in the functional anatomy and development of the locomotor apparatus in particular regarding proprioception (i.e., the sense for the perception of locomotion and body position). He also became a teacher in Philosophy of Science and in Medical Anthropology. He is a world authority to the functional organization of fascia in relation to 'proprioception' with the background of the philosophical issue What moves us.

"My passion however was and still is human embryology. The two areas of kinesiology and embryology meet each other at the level of movement, motion and form. For me they join in the Dynamic Morphology, the body as a psychosomatic process. Tanks to this phenomenological approach I found a bridge between science and spirituality. This is what I like to communicate with people: the embryo does not have a soul, it **IS** soul."(JvdW)

**For further info, see [www.embryo.nl](http://www.embryo.nl)**

The seminars will explore human prenatal development and show how biology is expressing the essence of human spiritual unfoldment. Understanding the stages of development is a foundation for therapeutic recognition of embryological forces in all later stages of life. Many body therapists have been urged to comprehend embryological forces at work in sessions because the forces that formed the body are continuously at work throughout life, carrying the blueprint of Health into manifestation at every moment.

The seminars are a rare opportunity to hear a world authority on modern scientific understanding of embryology. The class will describe the first four weeks of development of an embryo in thorough, profusely-illustrated detail. Dr. van der Wal has developed a unique synthesis of this science with spiritual principles.

The human body gets its shape and form during the embryonic development in a continuous process of change and metamorphosis. Using the phenomenological method of observation it is possible to understand those gestures as human behavior. During the early phases of human existence the processes that accompany the act of incarnation may be "read" from the biological facts. Those gestures also are a kind of echo or recapitulation of the gestures of development of man as a specie. In this way of becoming a particular human and becoming human generally, biography and biology meet. The embryo may help us to learn the real and essential patterns of human development.

The aim of the seminars is to let attendees share in the mighty processes that form the basis of every human individual, participating not only with the intellect but also with the heart. This innovative way of considering embryonic development will open completely new perspectives as to polarities and three-foldness, microcosm and macrocosm, heredity and incarnation, evolution and the development of mankind. Prior knowledge of embryology is not required; diagrams, illustrations and a summary will be available.

The last day is also an independent seminar focused on the dynamic view on fascia, in addition to the basic embryology presentation of Dr. van der Wal. A 2-day workshop with practical sessions to integrate the theoretical contents with the movement, motion and form of embodiment will be offered by Ming Niku on 4<sup>th</sup>-5<sup>th</sup> June 2018.



**EMBRYO IN MOTION – THE EMBRYO IN US**

**A Dynamic Embryology and Morphology in search for the Soul (Mind) in the womb and in our Body**

**With Jaap (J.C.) van der Wal, MD PhD, Maastricht, Holland**

**Organized by Jin Luo Institute, Stockholm, Sweden, Thursday - Sunday 30<sup>th</sup> May - 2<sup>nd</sup> June 2019**

**Venue: Spanga Center, Stormbyvagen 2-4, 163 55 Spanga, Stockholm, Sweden, [www.spangafriskvard.se](http://www.spangafriskvard.se)**

**Epilogue: An one day seminar on The Fascia in Us as An Organ of our Innerness and Wholeness on Monday 3rd June 2019**

Date	Thursday 30.05.2019 UNDIVIDED EMBRYO	Friday 31.05.2019 TWOFOLD EMBRYO	Saturday 01.06.2019 TRIUNE EMBRYO	Sunday 02.06.2019 MAN AS EMBRYO
<b>A:</b> 3,5 (2,5) hrs with break	<p><b><i>The Speech of the Embryo</i></b> <b><i>Mind and Body are one</i></b></p> <p>Two stances (observer vs participant), two realities in one: non-duality and twofoldness. Holistic science: how to overcome (not deny) Cartesian dualism? The body-brain-dualism as false monism. Polarity and/or duality? Spirit and matter as One. Secondary vs primary reality: two bodies. Phenomenology: understanding (meaning, gestures) versus explaining forms (causality). Mind and body in the womb? The human being is Mind, Motion and Matter. About form, movement, gesture and act. What do we do as embryo? The body as a process. Gestures of growth as human behavior and expression.</p>	<p><b><i>Life between Chaos and Cosmos</i></b> <b><i>Conception - Heaven and Earth?</i></b></p> <p>The Breath of Life between Chaos and Cosmos, Yin and Yang with in the Middle health and dialogue. <i>Meden Agan</i>. Death has two faces, Life is the Middle. Trimeria of the animal body with trunk as the 'functional elevation'. The lemniscate principle as the signature of 'The Middle' with Health and Life as balance. Dynamic morphology of human conception. Phenomenology as method to see the 'invisible'. Sperm cellularity' versus 'egg cellularity' with <i>Steigerung</i> in the Middle as a result. In the beginning Celestial and terrestrial forces: the PCAC. 'Passing on, not the beginning of life'?</p>	<p><b><i>The vegetative Embryo</i></b> <b><i>Interaction and Innerness</i></b></p> <p>Third week and fourth week: dynamics of individuation and embodiment. Meso: fascia and blood as the major appearances of the mesenchyme as the dimension of the Middle. From growing out to growing in as the 'animal 'way of being. The incarnation process of the heart 'coming to here'. Individuation of the embryonic body. Craniocaudal axis: the organization of the midline. Head and tail and Left and right as body dimensions. The animal body with dimensions of antipathy and sympathy. Neural tube and gut tube. Metameria of the body: rhythmic segmentation of the middle.</p>	<p><b><i>The psychosomatic Embryo</i></b> <b><i>Four ways of being</i></b></p> <p>A new placenta? Mirroring the macrocosm in the microcosm of the bodily organization. The psycho-morphology of the germ layers: organs as psycho-somatic dimensions. Awareness and consciousness. Four phases of growing and autonomy. Balancing and centering as fourth principle: unfolding the human erect posture. Limbs as next ordering principle with the polarity arms vs legs but also head (skull) versus limbs with the trunk in between as the image of freedom. Three pair of limbs: arms mediate.</p>
<b>B:</b> 3,0 hrs with break	<p><b><i>What do we do as embryo?</i></b> <b><i>From yond to here - Embryo in Us</i></b></p> <p>Mind and body in the womb: the non-duality body. Homology: not human yet? The 'body formative soul' pre-exercising in shapes and Gestalt. The body developed out of us, not we from it. Craniocaudal gradient: form pole and process pole related to awareness. The embryo in us. Where do we come from? The zygote as the undivided body. Whole(ness) versus parts (cells). Centripetal existence: from yond to here. Being born as basic gesture of dying emancipation and development. Connection and separation.</p> <p><i>Body movements as phenomenological method: forms and gestures</i></p>	<p><b><i>In the beginning (Big Bang)?</i></b> <b><i>The Polarity Embryo</i></b></p> <p>Conception, not the 'making of'. The biology of incarnation. The first week: the undivided body vs cellularity, differentiation and organization as the essentials of embryo life. Time is not there yet. Nidation as a dialogue of binding and de-binding. Blastula with center and periphery, back and front as first two orientations of the body. Ectoderm and Endoderm as two fundamental ways of interaction with environment. Through crisis of nidation into the second week, vegetative being. <i>Tat tvam asi</i>: Man is not 'there' yet.</p> <p><i>Drawing as phenomenological method. Polarity and opposition</i></p>	<p><b><i>The animal Embryo</i></b> <b><i>Incarnation and Individuation</i></b></p> <p>Polarity of external vs internal motion and of animal (somatic) and vegetative (autonomic) nervous system. The act of birth pre-exercised. The organization of Innerness: fascia and blood, architecture and continuity as complementary to anatomy. Magnet principle: in all body dimensions the polarity principle appears. The holographic principle of threefoldness. Neuro-/ pneumo-/ viscer-. The V of symmetry. Muscle as connective tissue: three types of muscle and motion. Cycles, rhythms and vibrations.</p> <p><i>Body movements as phenomenological method: forms and gestures</i></p>	<p><b><i>The embryo of Freedom</i></b> <b><i>The evolving Embryo</i></b></p> <p>The conservation of the upright posture and embryonic features as image of the essential human quality of centering and equilibrium. Man and animal, an opposition? "Animals give in where man holds back". Man as 'adult embryo' ('retardation') and 'first-born' (non-specialization). Phylogeny and ontogeny: plan or consequence? Embryology and evolution of freedom? Not by brain and genes alone. Man as mediator. Evolution of spirit and mind?</p>

	<b>The Animate Embryo</b>	<b>The Polarity Embryo</b>	<b>The Embodying Embryo</b>	<b>The universal Embryo</b>
	<b>Our Undivided Body</b>	<b>Man as Living Organism</b>	<b>Man as Sentient Being</b>	<b>Man as Conscious Self</b>
	<b>The Tao brings forth the ONE</b>	<b>The One brings forth the TWO</b>	<b>The Two brings forth the THIRD</b>	<b>The Three brings forth All Things</b>

<b>SCHEDULE</b>	<b>A: 9:00 (Thursday 10:00) - 12.30 Lectures</b>	<b>Lunch break</b>	<b>B: 14:00 – 17:30 (Sun: 16:00) Lectures &amp; Exercises</b>
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<p><b>THE FASCIA IN US - BEYOND JUST A CONNECTIVE TISSUE SYSTEM? ABOUT THE ARCHITECTURE OF YOUR INNER BODY A Seminar with Jaap van der Wal MD PhD Organized by Jin Luo Institute, Stockholm, Sweden, Monday 3<sup>rd</sup> June 2019</b></p>			
<b>SCHEDULE</b>	<b>A: 10.00 - 12.30 Lectures</b>	<b>Lunch break</b>	<b>B: 14:00 – 17:30 Lectures &amp; Exercises</b>
	<p>Philosophical introduction. Fascia? Tissue, organ, system? The “Death” of the Muscle man? Bones, Ligaments and Muscles as the “Holy Trinity” of the so-called musculoskeletal system are outdated? Architecture, NOT anatomy is the appropriate way to describe the organization of fascia. Architecture and continuity are complementary to the anatomy. The role of fascia in the organization of the “Posture &amp; Locomotion system” and of proprioception: “The brain knows nothing about the muscles”. The “dynament” as architectural unit. Tensegrity &amp; architecture: it is about TWO.</p>		<p>Meso: fascia and blood as the major appearances of the mesenchyme as the dimension of the Middle. Blechs Schmidt’s view on the formation of “biomechanical” kinetic fields in the body. The origin of muscle- and connective tissue: the meso(<del>derm</del>). Fascia as the meso-kinetic organ. Fascia in strict and broad sense. Fascia as a possible “organ” (system) of innerness’. Fascia and blood as major appearances of mesenchyme constituting the dimension of the Middle. Not by brains and muscles alone. The triune man: Man is Mind, Motion, Matter.</p> <p style="text-align: right;"><i>Evaluation. Questions and debate.</i></p>

**Jaap van der Wal**, MD Ph.D. Until February 2012 Associate Professor in Anatomy and Embryology at the University Maastricht, The Netherlands. Authority as to the functional organization of fascia in relation to ‘proprioception’ with the background of the philosophical issue What moves us. “But my main passion still is human embryology. The two areas of kinesiology and embryology meet each other at the level of movement, motion and form. For me they join in the Dynamic Morphology, the body as a psychosomatic process. Thanks to this phenomenological approach I found a bridge between science and spirituality. This is what I like to communicate with people: the embryo does not have a soul, it IS soul” (JvdW).